



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu May 2025



Alternate Cereal, Oatmeal or Parfait Available daily for

Breakfast and Lunch Served with variety milk choice

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.		
28	29	30	1	2	
Donuts Fruit Juice, Milk	French Toast Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Omelet, Bacon and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Pulled Pork BBQ Sandwich Baked Beans Corn Chips Fresh Fruit and Vegetable Bar Milk	SHS Special Chicken, Rice and Cheese Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes & Gravy WG Hot Roll Sweet Peas Fresh Fruit and Vegetable Bar Milk	Chef's Choice Oreo Pudding	Lunchable Ham, Turkey and Cheese Crackers Carrots and Grapes Cookie Milk	
Hot Dog\Chips	Burrito\Veggie	Popcorn Chicken/Potato	Hamburger/FF	Pizza/Salad	
5	6	7	8	9	
Chicken Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	
Walking Tacos Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Orange Chicken Stir Fry Veggies Noodles Fresh Fruit and Vegetable Bar Fortune Cookie Milk	Sliced Turkey Texas Toast and Gravy Mashed Potatoes Dressing Fresh Fruit and Vegetable Bar Milk	Spaghetti and Meat Sauce Green Peas Garlic Bread Fresh Fruit and Vegetable Bar Milk	Chef's Choice Jello	
Vegetable Beef Soup	General Tso Chicken\Veggies	Chicken Nuggets\Potatoes	Hamburger\Veggie	Pizza/Salad	
12	13	14	15	16	
Flatbread Breakfast Sandwich Fruit Juice, Milk	Chef's Choice Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	SHS Graduation	
Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Cookie Milk	Bacon Cheeseburger French Fries Lettuce, Tomato and Pickles Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes and Gravy Black Eye Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	 Turkey or PBJ Sandwich		
SAME	Hamburger\FF	SAME	SAME		

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.